

Disabled Athlete Sports Association COVID Policies

Please read through the current COVID rules for DASA Athletes, volunteers & staff:

1. For indoor programs:
 - a. Masks must be worn by everyone during the duration of the program, regardless of vaccination status.
 - i. If there are less than 6 athletes and athletes can be distanced 6 feet apart for the entirety of the program, then masks are optional for athletes during activity.
 - b. Masks are strongly encouraged to be worn by all parents who stay to watch, regardless of vaccination status. We encourage, if possible, to limit it to just one parent coming with the athlete to do our best with social distancing.
 - c. Volunteers and staff are required to wear masks at all times, regardless of vaccination status.
2. For pool programs:
 - a. Masks must be worn by everyone as they enter the pool area.
 - b. Athletes must take their mask off before entering the pool.
 - c. Masks are strongly encouraged to be worn by all parents who stay to watch, regardless of vaccination status. We encourage, if possible, to limit it to just one parent coming with the athlete to do our best with social distancing in the pool house
 - d. Volunteers and staff will all be wearing a clear face shield, or masks when outside the pool, for the entire duration of the swim program, regardless of vaccination status.
3. For outdoor programs:
 - a. Masks must be worn when athletes and volunteers are gathered in a small group.
 - b. Athletes may remove masks while being active.
 - c. Parents are strongly encouraged to wear masks while watching or do their best to social distance themselves.
 - d. Volunteers and staff are required to wear masks at all times, regardless of vaccination status.
4. Safety precautions:
 - a. Anyone (athlete, volunteer, staff) testing positive, regardless of vaccination status, must quarantine for 10 days prior to returning to the sport in any capacity (practice, tournament, fundraiser). Individuals should continue to follow the DASA protocols for mask wearing upon returning to programs.
 - b. For persons who have been **exposed** to COVID but are **ASYMPTOMATIC** (meaning truly no symptoms of COVID...
 - i. If you are:
 1. Vaccinated: no quarantine is needed and you must continue to follow the DASA protocols for mask wearing and continue active symptom monitoring. If you develop ANY symptoms of COVID, please let Meghan know immediately.
 2. Not vaccinated; you must quarantine for 5 days from exposure; you can return to programs on day 6; you must continue to follow the DASA protocols for mask wearing upon returning to programs; and continue active symptom monitoring. If you develop ANY symptoms of COVID, please let Meghan know immediately.
5. Vaccination Requirements:
 - a. DASA Staff & Volunteers are required to be vaccinated and must submit copies of their vaccination cards to covid@dasasports.org. New volunteers may simply upload them while completing their New Volunteer Application Form (STL: <https://airtable.com/shrPYqJg4YyTy1Uab>; COMO: <https://airtable.com/shrl6QS4cOHm3Nixc>)

In all cases of exposure or positive test results, please notify your supervisor, coach, program lead immediately. Coaches & leads must report this information to DASA Staff. Contact tracing may be necessary.