

Disabled Athlete Sports Association COVID Policies

Please read through the current COVID rules for DASA Athletes, volunteers & staff:

1. For indoor programs:
 - a. Masks are strongly encouraged for all participants, volunteers, staff & spectators, but are not required.
2. For pool programs:
 - a. Masks are strongly encouraged for all participants, volunteers, staff & spectators as they enter the pool area, but are not required.
 - b. Athletes must take their mask off before entering the pool.
 - c. Masks are strongly encouraged to be worn by all parents who stay to watch, regardless of vaccination status.
 - d. Volunteers and staff will all be wearing a clear face shield when in the pool, for the entire duration of the swim program, regardless of vaccination status.
3. For outdoor programs:
 - a. Masks are strongly encouraged for all participants, volunteers, staff & spectators, but are not required.
4. Safety precautions:
 - a. Anyone (athlete, volunteer, staff) testing positive, regardless of vaccination status, must:
 - i. **Notify supervisor, coach, program lead immediately. Coaches & leads must report this information to DASA Staff. Contact tracing may be necessary.**
 - ii. quarantine for 5 days prior to returning to the sport in any capacity (practice, tournament, fundraiser). On the 6th day they may return to programs if:
 1. They are completely symptom free
 2. They have been fever-free for 24 hours without the use of fever reducing medications
 3. They can wear a well-fitting mask covering their nose and mouth the entire time they are at the program for days 6-10.
 - a. If they are unable to mask or are in a pool program, we ask that you wait out the entire 10-day quarantine period.
 - b. For persons who have been **exposed** to COVID but are **ASYMPTOMATIC** (meaning truly no symptoms of COVID the individual may continue to come to programs as long as they REMAIN SYMPTOM FREE, regardless of vaccination status.
 - i. If they develop ANY symptoms of COVID, please let Meghan know immediately.
 - c. If the individual is living in a home where COVID is present, or has lingering symptoms and continues to test negative, please consider sending them to programs in a mask to minimize potential spreading of any germs/viruses.
 - d. Individuals should remain at home with the following symptoms:
 - i. Fever of 100.4 or greater
 - ii. Sore throat
 - iii. Congestion (unrelated to another medical diagnosis)
 - iv. Persistent cough
 - v. Loss of taste or smell
 - vi. Runny noses will be evaluated on a case-by-case situation
5. Vaccination Requirements:
 - a. DASA Staff & Volunteers are required to be vaccinated and must submit copies of their vaccination cards to covid@dasasports.org. New volunteers may simply upload them while completing their New Volunteer Application Form (STL: <https://airtable.com/shrPYqJg4YyTy1Uab>; COMO: <https://airtable.com/shrl6QS4cOHm3Nixc>)
 - b. Vaccination Religious Exemptions: A letter from the volunteer or staff member must be presented to Executive Director, acting as HR department, stating the individual has a sincerely held religious belief and that vaccinations conflict with their sincerely held religious belief, practices and observances.
 - c. In case of exemption, individuals will be subject to testing when deemed appropriate for the safety of our at-risk individuals.